**Add Title Here**

Add Authors and Credentials Here

Add Institutions and Affiliations Here

**ABSTRACT**

Add the text for your abstract here. A 300-word unstructured abstract should accompany your submission. The abstract must be original in nature and summarize the context to the clinical problem under investigation, brief summary of the guiding manuscript, and the clinical bottom line.

**Content Focus**

Add your research priority here. All submissions will be required to designate an Athletic Training Research Agenda Priority. The research priorities are Health Care Competency, Vitality of The Profession, Health Professions Education, Health Care Economics, and Health Information Technology.

**Correspondence**

Add the address for corresponding author here.

E-mail: add email for corresponding author here.

Twitter: add corresponding author twitter handle here. If no twitter, please put NA.

**ORIGINAL REFERENCE**

The original research reference from the guiding manuscript, please adhere to the AMA guidelines.

**SUMMARY**

The commentary should not exceed 2,000 words. The text should focus on the findings of the guiding manuscript and how practicing clinicians can apply the results to their own practice. The commentary will seek to provide insight into emerging issues, applying best practice guidelines, and translation of evidence into practice.

**Clinical Problem and Question**

Provide an introduction into the clinical problem that is being reviewed and discuss it relevance to clinical practice. Provide a clinical question that the review aims to address.

**Summary of Literature**

Provide a synthesis of the systematic review or meta-analysis as well as the articles that were included in the guiding manuscript.

**Summary of Interventions (Optional)**

If appropriate, include a summary of the intervention(s) that the guiding systematic review or meta-analysis investigated. This should include clinically relevant information such as: parameter, prescription, and dosages.

**Summary of Outcomes**

When possible, detail the outcomes used from the guiding systematic review or meta-analysis.

**Findings and Clinical Implications**

What were the results and how do these relate to clinical practice? How can these results translate and influence clinical practice?

**CLINICAL BOTTOM LINE**

Provide a conclusion on how the evidence from the guiding manuscript can be applied to clinical practice.

**TABLES AND FIGURES**

Include figures and or tables to summarize relevant information of the interventions or outcomes related to the guiding question or guiding review. Use the table or figure to detail the application of interventions or techniques to provide clear instruction to practicing clinicians.

**REFERENCES**

List all references used to support the case at the conclusion of the column. References should follow the format specified by the AMA Manual of Style, 11th edition.