**Add Title Here**

Add Authors and Credentials Here

Add Institutions and Affiliations Here

**ABSTRACT**

Add the text for your abstract here. A 300-word unstructured abstract should accompany your submission. The abstract should include an introductory statement, the clinical diagnosis, outcomes, and a clinical bottom line.

**Content Focus**

Add your research priority here. All submissions will be required to designate an Athletic Training Research Agenda Priority. The research priorities are Health Care Competency, Vitality of The Profession, Health Professions Education, Health Care Economics, and Health Information Technology.

**Correspondence**

Add the address for corresponding author here.

E-mail: add email for corresponding author here.

Twitter: add corresponding author twitter handle here. If no twitter, please put NA.

**ORIGINAL REFERENCE**

Please provide the original citation for the guiding systematic review/meta-analysis.

**ATRICLE SUMMARY**

Provide a 200-300 brief summary of the key findings from a recent (published within past 5 years) systematic review and/or meta-analysis related to the field of athletic training on which the validation is based upon.

**OBJECTIVE**

Describe the purpose of the validation as it relates to your clinical practice.

**PATIENT POPULATION**

Provide details regarding the patient population (number of patients who are receiving the intervention) and clinical setting to best understand the patients receiving the key findings.

**INTERVENTION**

Summarize the therapeutic interventions (e.g. pharmacological, surgical, rehabilitation, preventative, holistic, alternative, self-care, etc.), timeline, modes or settings of intervention, and changes in intervention implemented as referenced from the systematic review and/or meta-analysis. In addition, if comparisons are being used in clinical practice (previous evidence versus new evidence), please provide reference and context to the comparator.

**MAIN FINDINGS**

This section will include information as it relates to the measurements from the systematic review and/or meta-analysis that are clinically relevant. For example, if the reference article examined functional changes after the implementation of certain rehabilitation exercises, this section should use the same or similar functional outcome measures including both patient-reported and clinician-rated measures. This may or may not include a sophisticated statistical analysis, but should include tables and interpretations of changes. Consider using meaningful detectable change and individual change scores.

**CLINICAL BOTTOM LINE**

Provide a synthesis of the findings as it pertains to the clinical presentation and clinical relevance. Discuss the implications of this case report in terms of turning evidence-based practice into practice-based evidence.

**PATIENT PERSPECTIVE (OPTIONAL)**

When possible and appropriate, the patient should share their perspective of the interventions they received as it relates back to the disablement model. This section can be written in the form of quotations from patients regarding the treatment, prognosis, and goals. This is a standalone section and should not be embedded within the previous sections.

**REFERENCES**

List all references used to support the case at the conclusion of the column. References should follow the format specified by the AMA Manual of Style, 11th edition.